

The Trauma Healing Center offers a safe space to work through trauma held in your body in an honest and authentic manner.

Create Space for Balance

Gain intimacy with self as well as others, learn boundaries and a holistic understanding of addiction.

Men's Intimacy Group Every other Monday from 6pm-8pm

Sexual Compulsive Behaviors

Living a double life. / Affairs. / Sex workers. / Other destructive sexual behaviors.

Porn Addiction

Compulsive pornography viewing. / Compulsive masturbation. / Erectile dysfunction. / Complicating relationships.

Love Addiction

Toxic relationships. / Feeling stuck in a relationship and fear of losing it.

Learn more about our services at TheTrauma**Healing**Center.com or call 602-550-0175